

# **The Perfect Harmony Between Your Mind, Body & Soul** 1 – Day hiking tour: Gosh lake, Goshavank Monastery, Lastiver

## 09:00 - Starting the tour

We will start our tour with a small hike from <u>Gosh lake</u> to <u>Goshavank monastery</u>. This short hike will take you from Gosh Lake, to the village of Gosh, and then to Goshavank Monastery. In case you're wondering, "Gosh, who's Gosh?" He's the one who basically put this area on the map. Mkhitar Gosh was an influential 12th century scholar, statesman, and priest who founded the Goshavank Monastery complex. The lake and nearby village are also named after Gosh. While making your way on this trail (part of the Transcaucasian Trail route through Dilijan National Park), you'll notice several medieval cross-stones, unique to Armenia, including one with a tree growing on top of it!



**Goshavank** is a medieval monastery built not far from the ruins of an older church named Getik which was destroyed by an earthquake in 1188. It is located in the village of Gosh, Tavush Region, at the left bank of the Getik River.



After our hiking, we depart towards <u>Lastiver</u> (includes hiking). Lastiver is located in North-east of Armenia in outskirts of Yenokavan. It is a perfect hidden gem in the woods where you can be close to nature and find your inner peace. Here you can also see some caves where the hermits used to live. There is a place called "Lastiver Anapat" where you can see a lot of small huts and houses on the trees. The small waterfalls cascading one into another with their magical soothing sounds make this place look like a fairy tale.





## **Included Activities**

- Gosh Lake
- Goshavank Monastery
- Lastiver

### **Important notes**

For hiking no special physical readiness is required, being moderately fit is enough. It is recommended to wear comfortable shoes and clothes and have sun protection (caps, sunglasses, sun cream).

## Included

- $\checkmark$  Bottled water
- ✓ Transportation

**Travel Enjoy Respect...**